

**LAN  
SER  
HOF**

LANS DERMA THERAPY  
2020



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Dermatherapy leaves you with a glowing complexion and inner radiance which has a powerful impact on both your presence and personal appearance. A new sense of awareness leads to a new, invigorated expression of self – attractive, self-confident and natural.

To this end, we have created a comprehensive programme of highly innovative skin treatments that integrates medical cosmetics with new, state-of-the-art techniques and procedures; a programme jointly developed by Lanserhof skin therapists and leading international cosmetic laboratories.

Dermatherapy is part of the LANS Med Concept – a holistic health concept that navigates mental barriers and, on principle, considers every available option that could help to heal and revitalise. Consequently, we have combined state-of-the-art practices in international high-end medicine with exceptional traditional healing therapies. Proximity, attentiveness and empathy are equally important elements of our practice.

This is an approach that, over the past three decades, has made Lanserhof Europe's leading health centre for regenerative and preventative medicine.



## SKIN ACTIVE FACE

### HEALTHY SKIN – NEW ENERGY

The treatments and products are focused on activating vital skin and body functions.

Our skin regulates five essential functions which are responsible for our health, beauty and vitality:

IMMUNITY FUNCTION  
ENERGETIC FUNCTION  
CIRCULATORY FUNCTION  
LYMPHATIC FUNCTION  
STRUCTURAL FUNCTION

These important functions are activated by the phyto-energising **SALIN DE BIOSEL** product range as well as through bio-energetic and lymph-drainage massages, providing new energy.



### LANS DERMA REGENERATION

This intensive moisturising treatment is provided exclusively with our own LANS Derma Sensitive Face brand. Firstly, dead skin cells are gently removed before the skin is deeply moisturised and nourished using a purely natural complex of active ingredients with hyaluronic acid. The soothing ingredients support and rebuild the skin's inherent immune function.

75 min. € 186

### DETOX TREATMENT

A decongestant and detoxifying treatment for deep-pore cleansing and balance. Swiftly relieves allergic reactions and inflammations and ensures a clear complexion.

75 min. € 186

### HYDRO BOOSTER

Flawless beauty. The dermal tissue is regenerated from within and skin structure enhanced. Highly effective active agents set in velvety lotions boost regeneration, moisture supply and skin suppleness.

60 min. € 197

### ALLEVIATING REMEDY

This unscented facial treatment renews the skin and alleviates imperfections in areas of sensitive skin prone to redness. The soothing effect of mirabilis flowers, purple giant hyssops and Marula oil restores the protective skin barrier and smooths the skin.

60 min. € 168

### ENERGETIC LIFTING

Stimulation of the energetic forces, yin and yang, results in the natural, visible firming of facial contours. Hot-cold effects boost blood flow and lift the skin.

75 min. € 217

### INTENSIVE EYE TREATMENT

Extrinsic irritations and the natural ageing process manifest themselves in particular in the form of swelling around the eyes. Facial lymph drainage and an intensively nurturing eye mask achieve soothing hydration and drainage in this sensitive facial area.

50 min. € 140

### EYE TREATMENT "FRESH"

20 min. € 55



## SKIN REPAIR FACE

### TDA

TDA stands for “transdermal application”: the world’s first dermatological-aesthetic therapy system that conveys active anti-ageing substances to the deepest dermal layers in a pain-free, non-invasive procedure.

TDA combats the root causes of signs of ageing and completely rejuvenates the skin.

To complement our renowned facial TDA treatments, we now offer new ampoule application during treatment.

**DERMACOOL** first aid – cools, calms and hydrates the skin. Applied following depilation, laser therapy or after long periods in the sun.

**CANABOOST** provides intensive care and sustainable regeneration for the skin with the aim of long-lasting enhancement. Hemp oil reinforces the cell membranes, bolsters the complexion and minimises wrinkles.

**POLAR** complexion booster – its active formulation protects the skin against environmental effects, thereby preventing skin discolouration and ageing. The unique formula facilitates exfoliation and thus contributes to an even, balanced complexion.

### TDA CARE2GO

In this Seyo TDA treatment, the active ingredients selected for your individual skin type are atomised into microscopic drops with highly concentrated oxygen before being applied to the surface of the skin using a TDA applicator. The high oxygen partial pressure makes it possible to apply the active agents as far as the deepest dermal layers. The result: a visible reduction in facial wrinkles and ideally nourished skin in a treatment tailored to individual requirements.

40 min. € 194

### REFRESHING BOOSTER INCL. TDA

The proven HYDRO BOOSTER treatment is further enhanced by TDA. The dermal tissue regenerates from within and skin structure is enhanced. Highly effective active agents set in velvety lotions boost regeneration, moisture supply and skin suppleness. Deep hydration from a highly effective collagen membrane then rounds off the treatment.

75 min. € 270

### TDA SPECIAL

This boost of freshness for special areas of skin can only be booked as an add-on to facial treatments.

€ 60

### TDA – POSTOPERATIV for after Fillers, PRP or Mesotherapy

The gentle TDA technology with hyaluronic acid is ideal for soothing the skin after a face lift or immediately after fillers and injections. Minimally invasive injection sites regenerate faster, and irritation and bruising are reduced more quickly. This is the optimal follow-up treatment for the skin, supporting the healing process and promoting elasticity.

40 Min. € 183

### TDA HAND TREATMENT

This treatment diminishes pigmentation and liver spots, regenerates the skin, reduces wrinkle depth and provides long-lasting tautening. Selected active ingredients with highly-concentrated oxygen are atomised into microscopic droplets before being applied to the surface of the skin using a TDA applicator.

40 min. € 99

## SKIN REPAIR FACE

### NEW DEEP-ACTING EFFECT FOR MAXIMUM CARE

The HydraFacial™ method combines skin ablation, deep cleansing and dermal infusion of antioxidants, vitamins and hyaluron, all in one serum. Additional light therapy and lymph drainage round off the treatment.

### THE ALL-ROUNDER FOR HEALTHY SKIN

The unique serum supply makes HydraFacial™ an incomparable treatment. The Hollywood treatment works in four steps: ablation, peeling, cleansing and skin care. Dead skin cells are removed and impurities are extracted from the pores, while the skin is simultaneously supplied with antioxidants, peptides, vitamins and hyaluronic acid.



### HYDRAFACIAL™ BRONZE FACE APPLICATION

This treatment is the ultimate boost for your complexion. After cleansing and a gentle peeling, skin impurities are removed and regenerating antioxidants and moisturizing hyaluronic acid are introduced into the skin. A day care treatment is added for a perfect result.

40 min. € 207

### HYDRAFACIAL™ SILVER FACE APPLICATION

Lymphatic drainage is a pleasant decongestion therapy that stimulates the flow of lymphatic fluid in the body and prepares the face perfectly for the HydraFacial™ treatment.

This facial treatment is an intensive regenerating treatment which acts directly against fine lines, impurities and wrinkles. Pigment spots are compensated, the pores are reduced and an even complexion is achieved. The treatment is particularly recommended for skin prone to acne.

Face and neck are also treated with LED light therapy. The result is a perfect, radiant and even complexion.

60 min. € 275

### HYDRAFACIAL™ GOLD FACE APPLICATION

HydraFacial™ Gold combines the ultimate intensive care for face, neck and décolleté. In addition to HydraFacial™ Silver, a Dermabuilder peptide mixture acts as an anti-aging booster to alleviate fine lines and wrinkles. This therapy is also rounded off with LED light therapy and final care.

75 min. € 345

## SKIN REPAIR FACE

### SKINCEUTICALS – SKIN CARE BASED ON THE LATEST SCIENTIFIC ADVANCES

With its groundbreaking innovations, SkinCeuticals is a pioneer of anti-ageing products at the very forefront of medical dermatological cosmetics. Decades of medical research have made it possible to develop highly-concentrated antioxidants and formulas using the purest active agents which penetrate deeply into the skin and produce visible effects. The bioavailability and antioxidant properties of SkinCeuticals' vitamin C formulations are used and recommended by dermatologists and plastic surgeons alike in order to reverse skin ageing and prevent its recurrence.

### SMART LIFTING

This anti-ageing treatment contains a highly-concentrated and highly effective combination of pure active agents and is ideal for areas of skin displaying signs of ageing. It reduces wrinkles, creases and loss of suppleness in the face, neck and décolleté. Highly concentrated vitamin C, vitamin E and ferulic acid treat the signs of skin changes caused by exposure to light and help to prevent damage in future (through free radicals, UVA rays, etc.). Massage techniques specially attuned to this skin type and products containing pro-xylane, blueberry extract and hyaluronic acid afford the skin new tautness and vitality. Skin appears more vital, youthful, smooth, elastic, firm and resistant.

75 min. € 283

### CLARIFYING DETOX

This is an ideal treatment for blemished skin prone to outbreaks of acne. Products specially attuned to this skin type containing highly-concentrated vitamin C, phloretin and salicylic and glycolic acids offer a holistic solution by which to regenerate this skin type's complex state and help the skin to regain its vitality and purity.

60 min. € 204

### ADVANCED CORRECTION

Treatment for pigmentation and uneven complexion. A combination of highly-concentrated vitamin C, phloretin and alpha and beta hydroxy acids, this preventative anti-ageing treatment effectively combats the first signs of skin ageing and pigment alteration and helps restore a uniform complexion to the skin. It also provides targeted, long-lasting prevention of pigmentation.

75 min. € 283





## SKIN REPAIR FACE

### MBR – SKIN CARE BORDERING ON MEDICINE

Our many diverse treatments, focused on an array of skin requirements and conditions, directly address root causes and make individually-tailored, sustainable skin care possible. The effective “OPEN – CARE – CLOSE” concept will lead your skin towards perfection. Enzymes or fruit acids prepare the way for unique, deep-reaching nourishment to regenerate and rejuvenate the skin from within.

### DERMAL – EPIDERMAL

An intensively moisturising and cell-invigorating treatment specially conceived for dry and fatigued skin. Enzymes remove old, dead cells on the surface of the skin and prime it to absorb the active ingredients. Lines and wrinkles are smoothed out, and the skin appears radiant, taut and revitalised.

60 min. € 215

### CYTOLINE 100

A special kind of energy booster for tired and lifeless skin in need of regeneration. Phyto-hormones provide new energy, leaving the skin appearing firm and taut. A special collagen-algae mask also provides deep cleansing. A balsam for skin and soul alike.

75 min. € 298

### PURE PERFECTION 100 LIQUID SURGERY

For demanding, fatigued, lacklustre skin. The purest ingredients deliver 100% of their potential and take your skin to a new level of dermatological facial care. Returning oxygen to the skin revitalises all dermal layers. Deep hydration, relaxation and smoothing result in immediately visible, palpable impact as skin appears markedly fresher and more taut. The perfect lifting treatment without the need for a scalpel.

75 min. € 315

### ALPHA TROPHOX 112 TREATMENT – CONTOUR LIFTING

The perfect choice before or after an anti-wrinkle injection. This remarkably effective treatment noticeably minimises troubling facial wrinkles. An intensive skin-smoothing active serum guarantees long-lasting effects.

60 min. € 226

## SKIN REPAIR FACE

### LIFTING WITHOUT SCALPEL AND WITHOUT SYRINGE – STK MULTILINE

STK technology is a highly effective, non-invasive lifting method for the face, neck and upper arms. In contrast to other lifting methods, the tissue is treated with targeted heat impulses. This treatment stimulates the body's own collagen synthesis and leads to a tightening of the tissue.

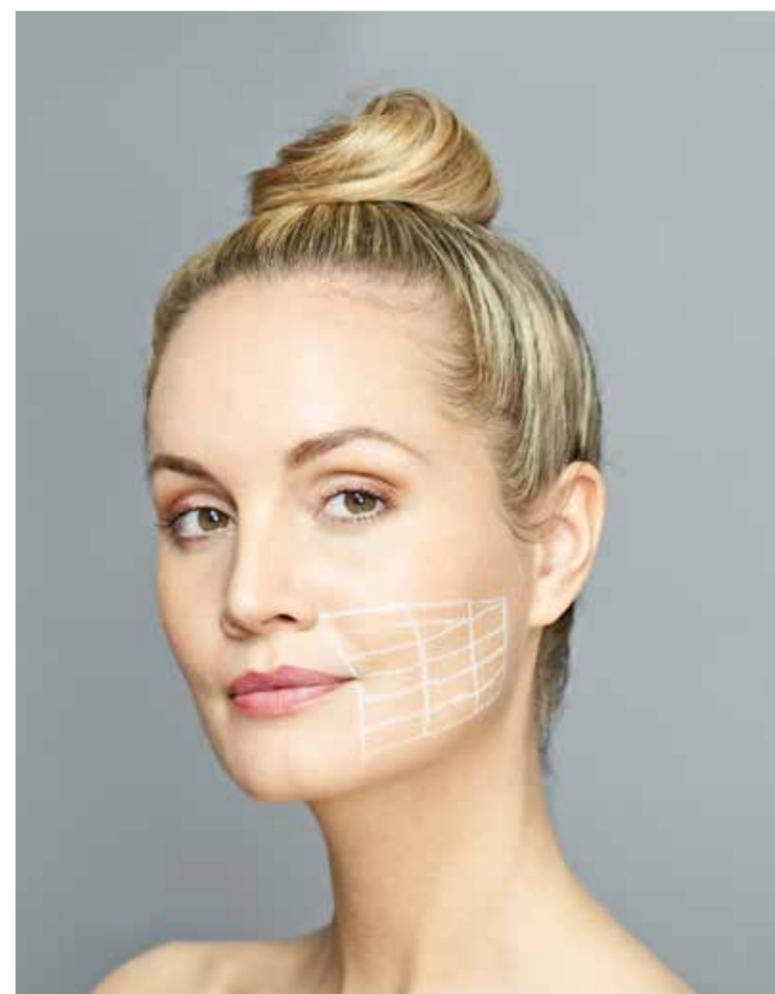
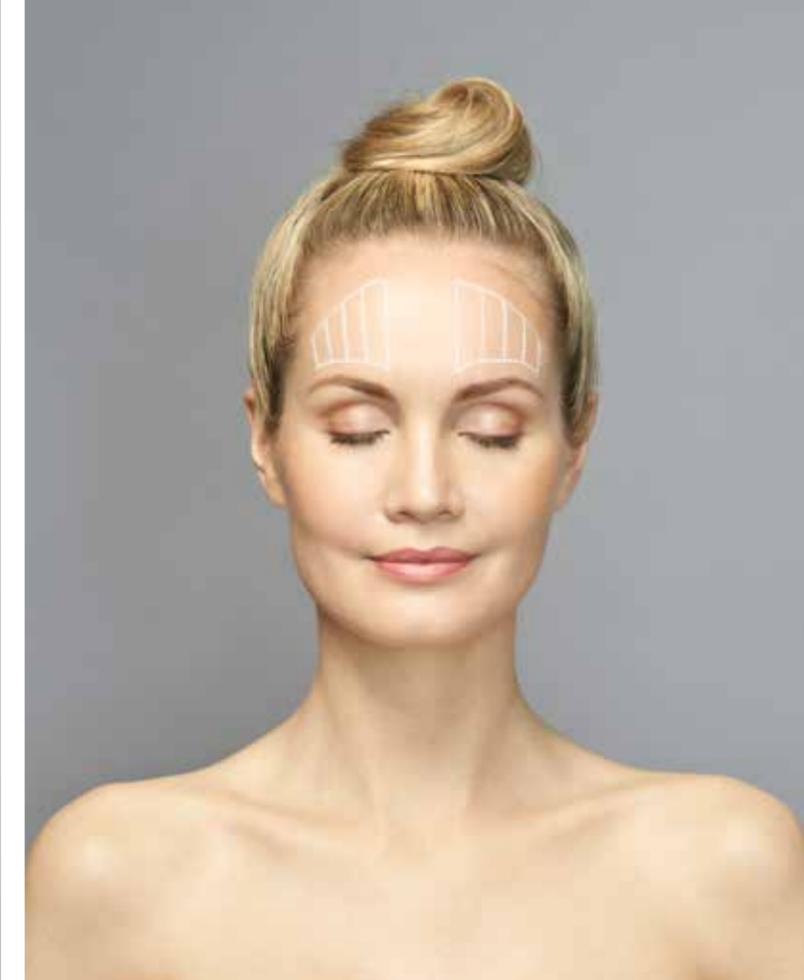
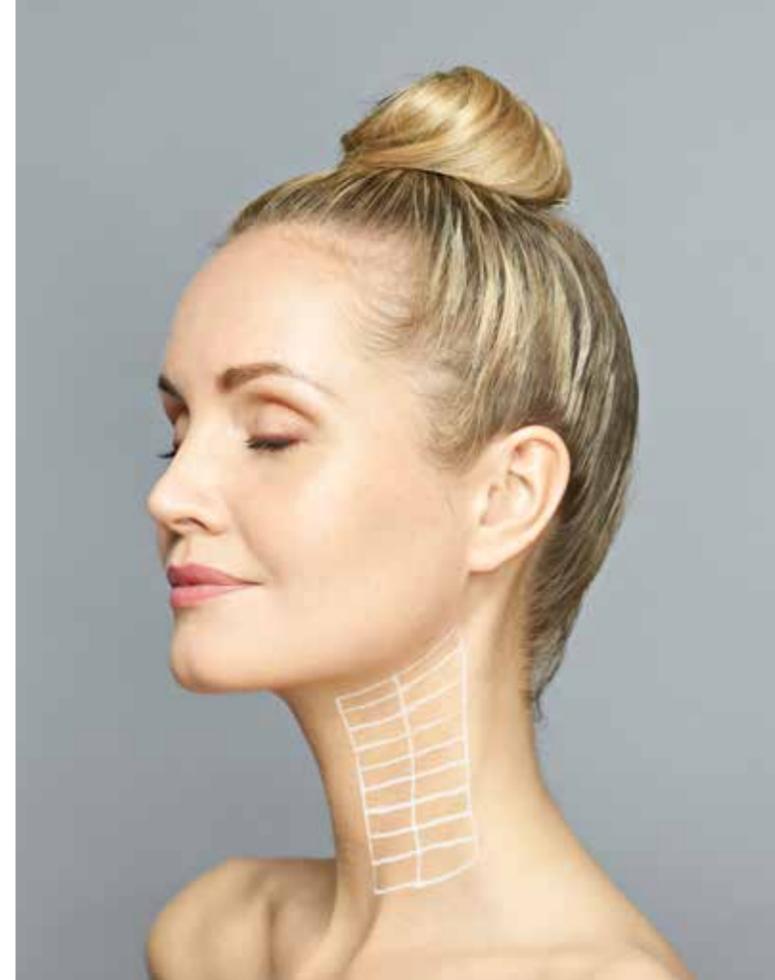
The STK method is an effective and almost painless alternative to surgery. In addition, there is no downtime after the treatment and you can immediately go back to your normal daily routine.

The STK treatment utilises the body's own repair mechanisms by using high-frequency ultrasound to produce targeted irritations in various skin layers. As a result, the tissue contracts, which is perceived as tightening on the skin surface.

Your appearance is immediately younger and fresher. The connective tissue is activated and further strengthened in the course of the next months. The skin is tightened in a natural way for up to one year.

### STK MULTILINE

Throat	€ 860	Cheeks	€1,190
Forehead	€ 360	Upper lip	€ 140
Beneath eyes	€ 395	Chin line	€ 690
Beneath and lateral eyes	€ 495	Upper arms light	from €1,553
		Upper arms intensive	from €2,587



## SKIN ACTIVE FACE & BODY

### Get your body in shape – with the new “Endospheres” Microvibration Technology

The microvibratory pressure waves effectively combat the degradation of microcirculation in fatty tissue and its visible effects, such as cellulite, sagging connective tissue, as well as fat and water retention in all parts of the body.

This treatment specifically targets the enhancement of blood circulation, effectively optimizing skin care, oxygen saturation, and cell regeneration. A general improvement in metabolism also promotes the purification and detoxification of the tissue.

#### FACIAL APPLICATION

Eyes, forehead, cheeks, neck, jawline, and décolleté	30 Min.	€ 230
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#### FULL BODY APPLICATION

Abdomen, legs, buttocks, waist, upper arms	60 Min.	€ 340
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#### PARTIAL BODY APPLICATION

Abdomen, legs, buttocks	40 Min.	€ 260
Abdomen, waist, or upper arms	40 Min.	€ 260



The skin is stimulated by the silicone microspheres, which massage, loosen, smooth, and stimulate circulation using pressure and various frequencies. The facial and body contours are restored to shape.

a) pain-relieving	c) effects on the vascular system	e) muscle relaxation
b) Feeling of lightness in the legs	d) body-shaping	

## SKIN ACTIVE BODY

### The world's only non-invasive procedure for muscle building and fat burning

**EMSCULPT®** is the latest innovative step in non-invasive body shaping. It improves the body contour, muscle density and muscle volume, and burns fat – all at the same time. **EMSCULPT®** is the only alternative to surgical buttock lifting and offers non-invasive buttock enhancement.

**EMSCULPT®** uses HIFEM® (High-Intensity Focused Electro-Magnetic Field) technology. HIFEM® makes possible up to 20,000 artificial muscle contractions per session. These are called supramaximal contractions and cannot be achieved normally by spontaneous muscle movements. The musculature responds with a complete reshaping of its internal structure, i.e. the increase of myofibrils (muscle hypertrophy) and the formation of new protein strands and muscle fibers (muscle hyperplasia). The procedure thus leads to the growth of the muscle structure. The final results of the treatment can be seen after about 8 weeks.

- Intensive muscle building
- Buttock lifting effect
- FDA certified
- Confirmed by independent studies

Before the treatment can be carried out, a consultation with one of our doctors must first take place.

For modest improvement wishes, two treatments per zone are sufficient.

For the best possible effects, four applications per selected zone should be performed.

These should be punctuated by a treatment interval of at least two days.

<b>EMSCULPT® ABDOMEN</b>	30 Min.	€ 650
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<b>EMSCULPT® BUTTOCKS</b>	30 Min.	€ 650
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<b>EMSCULPT® THIGHS Outside</b>	20 Min.	€ 450
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<b>EMSCULPT® THIGHS Inside</b>	20 Min.	€ 450
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<b>EMSCULPT® CALVES</b>	20 Min.	€ 450
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<b>EMSCULPT® UPPER ARMS</b> Triceps and biceps	40 Min.	€ 900
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## SKIN ACTIVE BODY

### ESSENTIAL SALT THERAPY

Effective treatment for tension, hardened skin and allergic reactions. Includes a massage and bath with Dead Sea salts to activate and strengthen the fluid exchange between tissues. Supports metabolism, drainage and regeneration, providing a wonderful, relaxing sense of well-being.

50 min. € 158

### ALGAE SALT THERAPY

Combines elements of algae and salt therapies. Marine algae stimulate osmotic exchange and provide a decongestant effect. Together with the high magnesium salt content, the energy-balancing effect reduces the impact of stress on the skin, promotes harmony of yin and yang forces and revitalises the skin. This intensive treatment is rounded off by a balancing Thalasso bath.

75 min. € 217

### ALGAE THERAPY – YIN / YANG

Individualised treatment for relaxed, decongested, toned and hydrated skin through yin therapy; meanwhile, yang therapy detoxifies, revitalises, regenerates and promotes fat breakdown. Includes a special massage technique, an algae body wrap and a balancing Thalasso bath or shower for enhanced elasticity and healthy, toned skin.

50 min. with shower € 155  
75 min. with hydrotherapy bath € 190

### DETOX CLEANSING LANS DERMA

We developed this particularly gentle peeling treatment with shower, in which we use our own LANS Derma Peeling products with jojoba pearls and silica, as an alternative to salt therapy for extremely sensitive skin.

50 min. € 158

### ALKALINE VITAL PACK

Vital earth and sea salts cleanse, smooth and care for the skin. This highly effective combination of active natural substances relaxes, detoxifies and purges the skin. A vitality wrap tautens the skin, remedies signs of cellulite and helps to relieve stretch marks, joint inflammations, neurodermatitis, psoriasis and acne throughout the body. Even the first treatment provides visible, palpable benefits.

75 min. € 195

### ACTIVE FIRMING CELLULITE TREATMENT

An activating, re-mineralising mud pack for the legs, a toning body wrap and a balancing therapeutic bath. Due to the intensity of this treatment, it can only be applied twice per week.

75 min. € 217

### INTENSIVE CELLULITE TREATMENT

Contour-enhancing, fat-reducing and toning treatment: A cupping glass massage and body wraps are applied for an immediately noticeable result.

75 min. € 178

arm wrap included 75 min. € 228

### BLITZ CELLULITE TREATMENT

Contour-enhancing, fat-reducing and toning fast-acting treatment for a sense of lightness and smooth, even skin.

50 min. € 158

### BODY WRAPS

Typical application areas for this treatment are the legs, abdomen and/or arms. Based on your personal derma-therapist consultation, a suitable dermal wrap is selected and imparts its effects accordingly.

### ALKALINE, ALGAE, DECONGESTANT OR FIRMING BODY WRAP

These aromatic wraps purify, drain and slim while also firming up lax tissue. These wraps contain essential oils and are particularly effective for sensitive, reddened skin. They support deacidification of the body, thereby promoting successful purification. The intensely purifying, draining effect affords the skin a new tautness and firmness.

Legs / abdominal wrap	25 min.	€ 84
Abdominal wrap	25 min.	€ 74
Arm wrap	25 min.	€ 48
Leg / abdominal / arm wrap	35 min.	€ 132



## SKIN REPAIR BODY

### BODY REMODELING

Three-phase modeling treatment for abdomen, legs, and buttocks. The first phase has a thermogenic effect to stimulate microcirculation, followed by an intense lipolytic massage and lastly a revitalizing cooling wrap on the legs, abdomen, and buttocks.

- Reactivates and improves microcirculation
- Shapes and stimulates lipolysis
- Gives a light and refreshing feeling in the legs

75 min. € 196

### BUSTO-PLASTY

Our bust is composed of breast tissue and fat tissue. Inside, it is formed of two separate lobes which create the "belt" between the underlying breast muscles. State-of-the-art technology makes it possible to markedly enhance the elasticity of the bust. A biotechnologically created ingredient very similar to the female hormone oestrogen enhances the shape of the bust and improves suppleness.

40 min. € 143

### REVITALISING BODY PACK

This body pack is moisturising, vitalising and remineralising. The regenerative ability and self-protective function of your skin are strengthened. Wheat germ, rosemary as well as essential oils noticeably increase the Resistance and resistance of your epidermis to negative environmental influences.

50 min. € 152



## SKIN REPAIR RAYMEDY TECHNOLOGY

Skin that boasts a distinctly fresher and firmer appearance once again and a face that, while visibly rejuvenated, still retains its flexibility and expressiveness – all achieved using exclusively natural methods and ingredients.

With Skin Repair Raymedy technology, LANS Derma offers a highly effective, holistic anti-ageing concept that enhances skin tone in all areas of the body. Treatments are precisely defined based on a computer-assisted meridian analysis: this ascertains your personal energy level and thereby determines the treatment duration, the use of micro-current frequencies, light therapy frequencies and vacuum drainages.

The therapy is applied solely on the basis of natural remedies and energy medicine. Body contours are defined and fat burning

processes activated through a sharp reduction in acid levels, meridian balancing as well as activation and regulation of lymphatic circulation: as a result, skin regains much of its former suppleness. Connective tissue structure is also improved, while natural fibroblast production is stimulated and the skin's inherent regenerative ability is enhanced.

Skin Repair Raymedy technology leaves your skin feeling completely new, and has a harmonising effect on mind and soul alike. A true experience.

FACE LIFT TREATMENT WITH DEEP-REACHING EFFECT	approx. 100 min.	€ 315
ACNE TREATMENT AND SCARRING REDUCTION	approx. 100 min.	€ 315
CLEANSING / DETOXIFYING BACK AND ABDOMEN TREATMENT WITH DEEP-REACHING EFFECT	approx. 60 min.	€ 230
FIRMING ABDOMEN TREATMENT WITH DEEP-REACHING EFFECT	approx. 60 min.	€ 230
LOCALISED CELLULITE DEPOSIT TREATMENT / LEG FIRMING AND CONTOURING	approx. 100 min.	€ 315
ARM FIRMING AND CONTOURING	approx. 100 min.	€ 315

## SKIN REPAIR BODY

### MAKE-UP ADVICE FOR YOUR SKIN TYPE

Give your skin type genuine radiance. Although we are always surrounded by colours, and everyone has a particular tone, depth and shade of colours in their hair, eyebrows, skin and eyes, we can also make strong statements through our body shape.

Due to its great success, we use the Nine Factor Formula in conjunction with Beauty is Life products, allowing us to make clear differentiations and designate a skin type with regards to colour characteristics. Our objective is to assist you in selecting the right colour for you, based on knowledge rather than solely intuition.

Daily make-up	60 min.	€ 98
	30 min.	€ 73

### INDIVIDUAL SERVICES

Pedicure	€ 69
Manicure	€ 64
Nail polish	€ 12
Nail polish extra	€ 35
Facial lymph drainage	€ 120
Facial ampoule during treatment	€ 23
Meso/PRP follow-up treatment	€ 69

### TINTING

Eyelashes	€ 24
Eyebrows	€ 22

### DEPILATION

Full legs	€ 98
Lower legs	€ 60
Bikini area	€ 48
Underarms	€ 34
Arms	€ 48
Full face	€ 28
Chin	€ 16
Upper lip	€ 16
Eyebrows	€ 14





## SKIN ACTIVE MAN FACE

### LANS DERMA REGENERATION

This intensive moisturising treatment is provided exclusively with our own LANS Derma Sensitive Face brand. Firstly, dead skin cells are gently removed before the skin is deeply moisturised and nourished using a purely natural complex of active ingredients with hyaluron. The soothing ingredients effectively support and rebuild the skin's inherent immune function.

75 min. € 186

### DETOX TREATMENT

A special decongestant, detoxifying and harmonising treatment for deep-pore cleansing and balance. Swiftly relieves allergic reactions and inflammations and ensures a pure, clear complexion.

75 min. € 186

### GREAT MAN FACIAL

This treatment contains a powerful package of active agents that help dull, dry skin with a slightly uneven tone and a raw surface to regain its radiance and vibrancy. A combination of pure, highly-concentrated vitamin C, vitamin E, phloretin, a special urea complex and hyaluronic acid leaves the skin glowing and refreshed.

60 min. € 178

# SKIN REPAIR MAN FACE

## TDA CARE2GO

In this Seyo TDA treatment, the active ingredients selected for your individual skin type are atomised into microscopic drops with highly concentrated oxygen before being applied to the surface of the skin using a TDA applicator. The high oxygen partial pressure makes it possible to apply the active agents as far as the deepest dermal layers. The result: a visible reduction in facial wrinkles and ideally nourished skin in a treatment tailored to individual requirements.

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## HYDRO BOOSTER

Flawless beauty. The dermal tissue is regenerated from within and skin structure enhanced. Highly effective active agents set in velvety lotions boost regeneration, moisture supply and skin suppleness.

60 min. € 197

## ENDOSPHERES

This treatment specifically targets the enhancement of blood circulation, effectively optimizing skin care, oxygen saturation, and cell regeneration. A general improvement in metabolism also promotes the purification and detoxification of the tissue.

30 Min. € 230

## REFRESHING BOOSTER INCL. TDA

The proven HYDRO BOOSTER treatment is further enhanced by TDA. The dermal tissue regenerates from within and skin structure is enhanced. Highly effective active agents set in velvety lotions boost regeneration, moisture supply and skin suppleness. Deep hydration from a highly effective collagen membrane then rounds off the treatment.

75 min. € 270

## SKIN REGIMEN

An innovate high-tech treatment that regenerates, tautens and rejuvenates men's demanding skin in just 60 minutes. The high-quality natural active ingredients markedly boost hydration and ensure relaxed facial features. The effect is convincing: a masculine appearance, brimming with vitality.

60 min. € 178

## HYDRA PERFORMANCE

Moisturising treatment for all types of male skin. Whether it's stress, extreme sun exposure or daily shaving, there are many causes of the real need for moisture in men's skin. Therapeutic essences, Zermatt glacial water, a relaxing massage as well as deep-reaching and long-lasting skin care refresh your skin on a fundamental level.

60 min. € 169

## ALLEVIATING REMEDY

This unscented facial treatment renews the skin and alleviates imperfections in areas of sensitive skin prone to redness. The soothing effect of mirabilis flowers, purple giant hyssops and Marula oil restores the protective skin barrier and smooths the skin.

60 min. € 168

## INTENSIVE EYE TREATMENT

Extrinsic irritations and the natural ageing process manifest themselves in particular in the form of swelling around the eyes. Facial lymph drainage and an intensively nurturing eye mask achieve soothing hydration and drainage in this sensitive facial area.

50 min. € 140

## EYE AREA TREATMENT "FRESH"

20 min. € 55

## SKIN ACTIVE MAN BODY

### ESSENTIAL SALT THERAPY

Effective treatment for tension, hardened skin and allergic reactions. Includes a massage and bath with Dead Sea salts to activate and strengthen the fluid exchange between tissues. Supports metabolism, drainage and regeneration, providing a wonderful, relaxing sense of well-being.

50 min. € 158

### ALGAE SALT THERAPY

Combines elements of algae and salt therapies. Marine algae stimulate the osmotic exchange and provide a decongestant effect. The high proportion of magnesium salts and the energy-balancing effect reduces the impact of stress on the skin, promote harmony of yin and yang forces and revitalise the skin. This intensive treatment is rounded off by a balancing Thalasso bath.

75 min. € 217

### ALGAE THERAPY – YIN / YANG

Individualised treatment for relaxed, decongested, toned and hydrated skin through yin therapy; meanwhile, yang therapy detoxifies, revitalises, regenerates and promotes fat reduction. Includes a special massage technique, an algae body wrap and a balancing Thalasso bath or shower for enhanced elasticity and healthy, toned skin.

50 min. with shower € 155  
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### CLEANSING LANS DERMA

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## SKIN ACTIVE MAN BODY

### Get your body in shape – with the new “Endospheres” Microvibration Technology

The microvibratory pressure waves effectively combat the degradation of microcirculation in fatty tissue and its visible effects, such as cellulite, sagging connective tissue, as well as fat and water retention in all parts of the body.

This treatment specifically targets the enhancement of blood circulation, effectively optimizing skin care, oxygen saturation, and cell regeneration. A general improvement in metabolism also promotes the purification and detoxification of the tissue.

#### PARTIAL BODY APPLICATION

Abdomen, hips

20 min.

€ 180



The skin is stimulated by the silicone microspheres, which massage, loosen, smooth, and stimulate circulation using pressure and various frequencies. The facial and body contours are restored to shape.

- a) pain-relieving
- b) Feeling of lightness in the legs
- c) effects on the vascular system
- d) body-shaping
- e) muscle relaxation

## SKIN ACTIVE BODY

### The world’s only non-invasive procedure for muscle building and fat burning

**EMSCULPT®** is the latest innovative step in non-invasive body shaping. It improves the body contour, muscle density and muscle volume, and burns fat – all at the same time. **EMSCULPT®** is the only alternative to surgical buttock lifting and offers non-invasive buttock enhancement.

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- Intensive muscle building
- Buttock lifting effect
- FDA certified
- Confirmed by independent studies

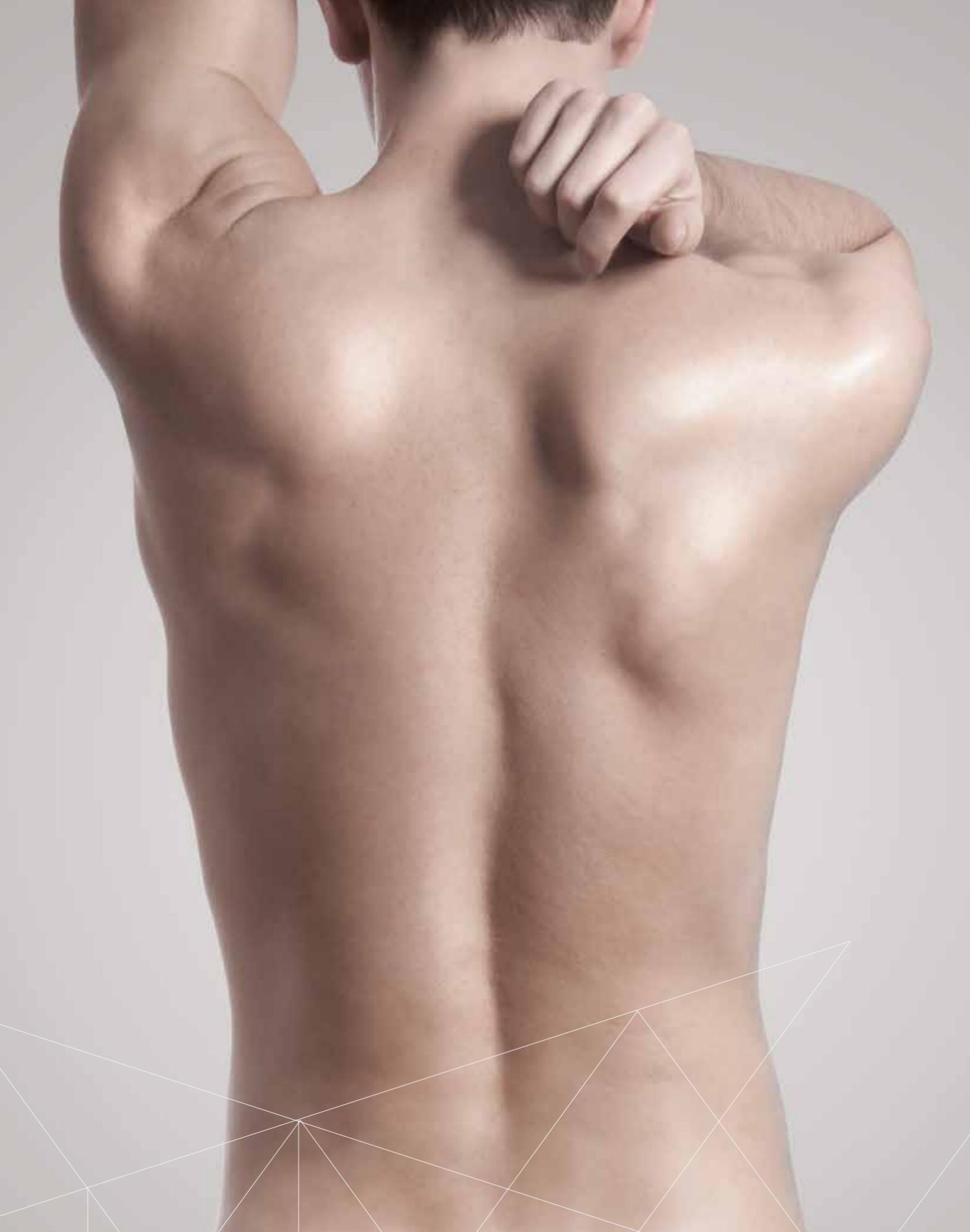
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For modest improvement wishes, two treatments per zone are sufficient.

For the best possible effects, four applications per selected zone should be performed.

These should be punctuated by a treatment interval of at least two days.

EMSCULPT® ABDOMEN	30 min.	€ 650
EMSCULPT® BUTTOCKS	30 min.	€ 650
EMSCULPT® THIGHS Outside	20 min.	€ 450
EMSCULPT® THIGHS Inside	20 min.	€ 450
EMSCULPT® CALVES	20 min.	€ 450
EMSCULPT® UPPER ARMS Triceps and biceps	40 min.	€ 900



## SKIN REPAIR MAN BODY

### FIRMER / ATHLETIC ABDOMEN

Special products and vacuum drainage activate the subcutaneous tissue in this fat-burning abdominal treatment. A firming abdominal mask with active agents from algae extracts enhances skin tone and stimulates the fat-burning process in connective tissues.

50 min. € 158

### RAYMEDY ABDOMEN – SLIM

Fat cells are stimulated by micro-current frequencies, colour sequences and vacuum draining, thereby enhancing metabolism and supporting the overall process of reducing one's waist size.

60 min. € 230

### REVITALISING BODY PACK

This body pack is moisturising, vitalising and remineralising. The regenerative ability and self-protective function of your skin are strengthened. Wheat germ, rosemary as well as essential oils noticeably increase the Resistance and resistance of your epidermis to negative environmental influences.

50 min. € 152

### ABDOMEN WRAP

Purifying, draining and slimming: a fast-acting aid to bring your abdomen back into shape.

25 min. € 74

### DEPILATION

Back and Shoulder	€ 94
Back	€ 58
Abdomen	€ 58
Chest	€ 37
Arms	€ 48

Pedicure	€ 69
Manicure	€ 64

## LANSERHOF SERVICES

### OUR LANS DERMA PRODUCTS – TAKE A PIECE OF LANSERHOF HOME WITH YOU

LANS Derma products are produced using solely herbal ingredients and are the result of close collaboration between Lanserhof's medical team and our dermatological experts.

The LANS Derma Body range comprises three product lines: Balance harmonises, Energy provides energy and Vitality has a refreshing, revitalising effect. New to the range: LANS Derma Sensitive Face. In our high-quality facial care product line, we combine raw materials from nature's treasure trove with high-tech processing methods to perform a multitude of tasks: nurture and soothe, tone and smooth.

### LANSERHOF GIFT VOUCHERS

For those near and dear to you. Give the important people in your life a very special gift.

There's no better gift than a voucher to spend time at Lanserhof and enjoy a special treatment, or to contribute towards a longer stay. Simply get in touch – we'll be happy to advise you.

### THE LANSERHOF SHOP THE BEST OF LANS IS JUST A FEW CLICKS AWAY

The Lanserhof shop offers a range of the products which define the Lanserhof concept, such as LANS Derma products and delicacies from Lanserhof Energy Cuisine.

The Lanserhof Shop is, of course, open for you 24 hours a day, seven days a week – and is just a few clicks away: [shop.lanserhof.com](http://shop.lanserhof.com).

Legal notice

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