



INFUSION
THERAPY

WHY HAVE IV INFUSIONS?

IV infusions combine valuable nutrients and vitamins in concentrations higher than it is possible to take orally. This results in better absorption rates and better benefits than oral supplementation.*

-  **LIFE INFUSION** £210
Boost your general wellness with this infusion! Noticed improved energy levels, better immune functioning and better skin. Containing vitamins and minerals to enhance your general health. Recommended to stay healthy, hydrated and energised. (45 mins)
-  **LIFE PLUS INFUSION** £310
Containing amino acids unlike the Life Infusion, this infusion aims to help not only improved energy levels, better immune functioning and better skin, but also aims to help with improved sports endurance and recovery and also detoxing the body with Glutathione – a powerful antioxidant. (60 mins)
-  **JET LAG INFUSION** £300
Including Taurine, Vitamin B12, Selenium and B-Complex this infusion helps you to recover before or after a long flight and to adjust to different time zones. (60 mins)
-  **LIVER DETOX INFUSION** £250
In need of a detox? This infusion aims to help cleanse the liver with high doses of the amino acid Ornithine, which in turn helps cleanse the body and eliminate toxins. (60 mins)
-  **SPORTS & MUSCLE SUPPORT INFUSION** £180
Pure amino acids to help boost your athletic performance and recovery time. (30 mins)
-  **SPORTS, MUSCLE & LIFE** £300
Including amino acids as well as the Life Infusion, this infusion aims at helping you to boost athletic performance and muscle recovery alongside high doses of B vitamins to enhance energy levels and repair damaged cells. (60 mins)
-  **IMMUNE SUPPORT INFUSION** £180
Pure amino acids to help boost immune system function and cleanse and detox the body. (30 mins)



IMMUNE SUPPORT & LIFE INFUSION

£300

Whether you're feeling stressed, jet-lagged or suffering from cold/flu symptoms, your immune system is likely to come under attack. Reboot your immune system with our IV infusion which contains a high dose of Vitamin C, immune boosting amino acids and also Zinc which plays a crucial role in immune system functioning. (60 mins)



HAIR, SKIN AND NAILS INFUSION

£180

Pure amino acids to help repair damaged hair and nails and enhance the appearance of dull and dry looking skin. (30 mins)



HAIR, SKIN, NAILS & LIFE

£300

Deficiencies in certain vitamins and minerals can directly impact on the state of our hair, skin and nails, and so we've made sure this infusion contains all the key vitamins, minerals and amino acids to keep you looking healthy. Containing a key anti-ageing amino acid; cysteine to enhance the skin repairing process and Biotin and B5 both of which help with healthy hair. (60 mins)



HIGH DOSE VITAMIN C INFUSION

£220

Pure Vitamin C at a high dose which solely aims to reboot your immune system when feeling run down. (60 mins)



VITALIPID INFUSION

£210

Providing you with fat soluble vitamins (Vitamin A,D,E & K) this infusion is beneficial for those with lower rates of absorption alongside helping remove toxins from the body. You will require a blood test before this infusion. (45 mins)



OZONE THERAPY

£250

Ozone is a medical gas made up of three oxygen atoms that delivers pure oxygen at the rate of 95% purity. It is an intravenous (IV) treatment that infuses oxygen & ozone directly into the blood stream.



DETOX INFUSION

£300

This infusion cocktail cleans your cells of toxins and pollutants and replenishes the body with nutrients. It contains high doses of different nutrient combinations including vitamins, amino acids and minerals (60 mins)



TAILOR-MADE INFUSION

from £400

If you are looking for something individual or the physician notices certain deficiencies, we can tailor make an infusion specifically for your needs. (45 mins)

*Members of Lanserhof at The Arts Club enjoy a reduced price on all infusions.

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