

## THE LANSERHOF TEGERNSEE IS NAMED MOST-EFFECTIVE MEDI-SPA AT PRESTIGIOUS CONDÉ NAST AWARDS



### 2016 Condé Nast Traveller Spa Awards recognise expertise of luxury Bavarian health resort

The Lanserhof Tegernsee has been awarded the accolade of Most Effective-Medi Spa at the 2016 Condé Nast Traveller Spa Awards. The prestigious programme and spa guide recognises the leading spa and wellness providers from around the world, honouring those who deliver outstanding service, high standards and noticeable results.

The Lanserhof Tegernsee uses a symbiosis of traditional naturopathy and state-of-the-art medicine to support the natural healing process and promote physical wellbeing as well as inner balance. The medical spa offers outstanding service, luxury accommodation and a broad spectrum of diagnostic, therapeutic and cosmetic treatments. Bespoke programmes based on the successful LANS Med Concept are developed for each guest to help them get in the best possible health, look glowing and reap the long-term benefits of the therapies.

This latest accolade is a testament of the success the Lanserhof Tegernsee has experienced since its opening in January 2014, which has also seen the medical spa win awards from Tatler, GQ and the World Spa awards.

– ENDS –

#### Notes to Editors:

**For media enquiries please contact:** Mara Unsoeld, [mara@lemongrassmarketing.com](mailto:mara@lemongrassmarketing.com) / Leanne Barton, [leanne@lemongrassmarketing.com](mailto:leanne@lemongrassmarketing.com)

#### The Lanserhof:

The Conde Nast Traveller Spa Guide and awards ceremony was sponsored by Healing Holidays, an expert tour operator for spa and wellbeing holidays, and held at the Bulgari Hotel, London on the 2<sup>nd</sup> February 2016.

For 30 years the Lanserhof medical institution has been practising the LANS Med concept, a symbiosis of traditional naturopathy and state-of-the-art medicine treating both mind and body.

The Lanserhof Tegernsee is nestled atop a mountain in Bavaria and uses a symbiosis of traditional naturopathy and state-of-the-art medicine treating both mind and body. Designed to support the natural healing process,

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Lanserhof Tegernsee promotes physical well-being and inner balance, with great focus on personal regeneration. Each programme is bespoke to the clients' needs and health requirements, helping them to discover how much more active, happy and productive their lives can be. The Lanserhof also has locations in Lans Austria and Hamburg, Germany.

7 nights' accommodation at the Lanserhof Tegernsee starts at £2,765 and includes all meals and the Basic treatment programme.

**For more information:**

<http://www.lanserhof.com/english/index.html>

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